

Position	Race no.	Name	Gender	Cat	Club	Gun Time	F Pos	M Pos	Cat Pos	Team Pos
1	335	PHIL RICHARDSON	M	MV35	SALE HARRIERS MANCHESTER	0:19:30		1	1	1
2	245	MARK SHATWELL	M	MV40	STOCKPORT HARRIERS & AC	0:19:40		2	1	1
3	256	PHIL CARPENTER	M	MV40	STOCKPORT HARRIERS & AC	0:19:43		3	2	2
4	401	NEIL TAYLOR	M	MV45	STOCKPORT HARRIERS & AC	0:20:07		4	1	3
5	313	ALISTAIR RILEY	M	MJUN	STOCKPORT HARRIERS & AC	0:20:34		5	1	4
6	402	HARRY SHATWELL	M	MJUN	STOCKPORT HARRIERS & AC	0:20:35		6	2	5
7	316	ANDY WOODHEAD	M	MV45		0:20:43		7	2	1
8	393	PHILIP BURNS	M	MV45	STOCKPORT HARRIERS & AC	0:21:04		8	3	6
9	411	FREDDIE WILSON	M	MJUN		0:21:08		9	3	2
10	243	IAIN MURDOCH	M	MV50	STOCKPORT HARRIERS & AC	0:21:17		10	1	7
11	248	JONATHON KNIGHT	M	MV45	STOCKPORT HARRIERS & AC	0:21:24		11	4	8
12	374	TOM REEVE	M	MSEN	STOCKPORT HARRIERS & AC	0:21:45		12	1	9
13	340	JOHN WILLIAMS	M	MV40	BRAMHALL RUNNERS	0:21:51		13	3	1
14	389	TIM SHANKER	M	MV55	MANCHESTER YMCA HARRIERS	0:21:54		14	1	1
15	317	NATHAN MAYOH	M	MV50	BRAMHALL RUNNERS	0:22:01		15	2	2
16	258	FRANK PODD	M	MV55	BRAMHALL RUNNERS	0:22:07		16	2	3
17	418	RICHARD JACKSON	M	MV40	SWINTON RUNNING CLUB	0:22:18		17	4	1
18	329	SIMON TODD	M	MV40	BRAMHALL RUNNERS	0:22:42		18	5	4
19	277	MATTHEW MORAN	M	MV40	BRAMHALL RUNNERS	0:22:52		19	6	5
20	435	ROBERT FAIRBANKS	M	MV45		0:23:05		20	5	3
21	322	PAUL COLLINS	M	MV55	SWINTON RUNNING CLUB	0:23:12		21	3	2
22	386	MATT DARNLEY	M	MV45	BRAMHALL RUNNERS	0:23:18		22	6	6
23	319	GARETH PRITCHARD	M	MV40	BRAMHALL RUNNERS	0:23:31		23	7	7
24	355	DALE ARROWSMITH	M	MSEN		0:23:53		24	2	4
25	372	SAMUEL BAILEY	M	MJUN	MANCHESTER HARRIERS & AC	0:24:07		25	4	1
26	352	ALEXANDER RATCLIFFE	M	MV35	MARPLE RUNNERS	0:24:09		26	2	1
27	417	PHIL COTTRILL	M	MSEN		0:24:17		27	3	5
28	367	MIKE KINNEAR	M	MV45	BRAMHALL RUNNERS	0:24:21		28	7	8
29	351	IAN DIXON	M	MV50	BRAMHALL RUNNERS	0:24:30		29	3	9
30	375	PAUL BECKETT	M	MV60	STOCKPORT TRI CLUB	0:24:34		30	1	1
31	360	CHRISTOPHER ROBINSON	M	MV50	MARPLE RUNNERS	0:24:43		31	4	2
32	344	AMY MCCONVILLE	F	FV40	STYAL RUNNING CLUB	0:24:59	1		1	1
33	325	RUSSELL SUTTON	M	MV50	BRAMHALL RUNNERS	0:25:04		32	5	10
34	253	MATTHEW WILSON	M	MV50		0:25:05		33	6	6
35	427	MICHAEL MCLAUGHLIN	M	MV40	STYAL RUNNING CLUB	0:25:12		34	8	1
36	408	CHRISTIAN FOX	M	MV50	BRAMHALL RUNNERS	0:25:29		35	7	11
37	415	ZAIN KARIM	M	MV35	BRAMHALL RUNNERS	0:25:34		36	3	12
38	336	DAN BRITTON	M	MV50	MARPLE RUNNERS	0:25:35		37	8	3
39	252	STEVE MCGOVERN	M	MV45	BRAMHALL RUNNERS	0:25:47		38	8	13
40	273	SARAH SENIOR	F	FV45	BRAMHALL RUNNERS	0:25:47	2		1	1
41	240	JAMES NUTTALL	M	MV40	MARPLE RUNNERS	0:25:51		39	9	4
42	341	OLIVER COBURN	M	MSEN	MARPLE RUNNERS	0:25:59		40	4	5
43	263	ANN BRACEGIRDLE	F	FV45		0:26:09	3		2	1
44	246	STEVEN DOXEY	M	MV60	SWINTON RUNNING CLUB	0:26:17		41	2	3
45	320	MARK BOUSIE	M	MV45	STOCKPORT HARRIERS & AC	0:26:26		42	9	10
46	244	RUTH MURDOCH	F	FV50	STOCKPORT HARRIERS & AC	0:26:30	4		1	1
47	443	STUART BAILEY	M	MV45		0:26:42		43	10	7
48	311	GARETH MAHER	M	MV40	BRAMHALL RUNNERS	0:26:49		44	10	14
49	388	CHRIS ROBINSON	M	MV45	BRAMHALL RUNNERS	0:26:51		45	11	15
50	350	REBECCA MILLS	F	FV40	SWINTON RUNNING CLUB	0:26:52	5		2	1
51	262	ROB STUTCHFIELD	M	MV50	MARPLE RUNNERS	0:26:59		46	9	6
52	429	KIM ROTHWELL	F	FSEN	BRAMHALL RUNNERS	0:27:00	6		1	2
53	398	MARTIN WOOD	M	MV50	BRAMHALL RUNNERS	0:27:03		47	10	16
54	416	JON LAWRENCE	M	MV55	BRAMHALL RUNNERS	0:27:08		48	4	17
55	337	NICHOLAS GUDEGAST	M	MV50	MARPLE RUNNERS	0:27:08		49	11	7
56	338	RICHARD HALL	M	MV55	BRAMHALL RUNNERS	0:27:16		50	5	18
57	414	PAUL STANSBURY	M	MV50	DRAGONS RUNNING CLUB (SALE)	0:27:24		51	12	1
58	239	STEVE SHAUGHNESSY	M	MV65	STOCKPORT HARRIERS & AC	0:27:37		52	1	11
59	315	ABI KNIGHT	F	FV35	BRAMHALL RUNNERS	0:27:43	7		1	3
60	279	FAEZ KAISER	M	MV50	BRAMHALL RUNNERS	0:27:44		53	13	19
61	430	BEN TOWNLEY	M	MV35		0:27:58		54	4	8
62	265	PHILIP O'KEEFE	M	MV50		0:28:19		55	14	9
63	426	FIONA JOHNSON	F	FV45	STOCKPORT HARRIERS & AC	0:28:24	8		3	2
64	363	DAN SLATER	M	MV35		0:28:26		56	5	10
65	241	ALICE HORSFIELD	F	FJUN		0:28:27	9		1	2
66	434	BENJAMIN EDMONDS	M	MV35	BRAMHALL RUNNERS	0:28:31		57	6	20
67	394	VIKKI MURPHY	F	FV55	BRAMHALL RUNNERS	0:28:45	10		1	4
68	359	VICKY ROBINSON	F	FSEN	MARPLE RUNNERS	0:28:49	11		2	1
69	268	RICHARD FURNISS	M	MV60	MARPLE RUNNERS	0:28:53		58	3	8
70	259	MIKE V HALL	M	MV60	BRAMHALL RUNNERS	0:28:54		59	4	21
71	334	SARA HARRIS	F	FV50	STYAL RUNNING CLUB	0:28:56	12		2	2
72	442	CHRIS SMITH	M	MV40	MARPLE RUNNERS	0:29:07		60	11	9
73	330	PAUL MCDAID	M	MV55	HEALD GREEN RUNNERS	0:29:20		61	6	1
74	345	GILLIAN HOLLAND-JONES	F	FV65	STYAL RUNNING CLUB	0:29:27	13		1	3
75	266	PAUL COWELL	M	MV55	BRAMHALL RUNNERS	0:29:35		62	7	22
76	251	HEATHER ROONEY	F	FV55	LYME RUNNERS	0:29:38	14		2	1
77	438	SIMON RUSHTON	M	MV60	MARPLE RUNNERS	0:29:49		63	5	10
78	365	MARK CHADWICK	M	MV50		0:29:55		64	15	11

79	421	CLAIRE MACNEILL	F	FV45	DAVENPORT REBELS	0:30:01	15		4	1
80	425	ANDY FOWLER	M	MV55	SPORTS FEET	0:30:03		65	8	1
81	323	LOK LI	M	MV55	BRAMHALL RUNNERS	0:30:06		66	9	23
82	439	JAMES KEMP	M	MV55	MARPLE RUNNERS	0:30:07		67	10	11
83	412	ANDREA BUCKINGHAM	F	FV60	BRAMHALL RUNNERS	0:30:14	16		1	5
84	247	JOHN HARE	M	MV55	BRAMHALL RUNNERS	0:30:17		68	11	24
85	436	ANNA ASHTON	F	FV65	MARPLE RUNNERS	0:30:20	17		2	2
86	312	MELANIE MATHER	F	FV50	STOCKPORT HARRIERS & AC	0:30:29	18		3	3
87	331	PAUL ADKINS	M	MV70	BRAMHALL RUNNERS	0:30:37		69	1	25
88	332	REBECCA BRIMAGE	F	FV45	STOCKPORT HARRIERS & AC	0:30:42	19		5	4
89	356	NATHAN ASHURST	M	MV40	WARRINGTON RUNNING CLUB	0:30:52		70	12	1
90	409	EMILY FOX	F	FJUN	STOCKPORT HARRIERS & AC	0:30:58	20		2	5
91	424	LOUISE ABEDIN	F	FV45	BRAMHALL RUNNERS	0:31:05	21		6	6
92	387	STEVE FAIRCLOUGH	M	MV55	BRAMHALL RUNNERS	0:31:08		71	12	26
93	260	IAN KEELING	M	MV55		0:31:12		72	13	12
94	423	SARAH STUTCHFIELD	F	FV50	MARPLE RUNNERS	0:31:15	22		4	3
95	278	REECE COTTON	M	MSEN	MARPLE RUNNERS	0:31:18		73	5	12
96	391	MIKE TAYLOR	M	MV60		0:31:20		74	6	13
97	257	ADAM SEXTON	M	MV35	DRAGONS RUNNING CLUB (SALE)	0:31:25		75	7	2
98	254	NICOLA KARIM	F	FV35		0:31:30	23		2	3
99	406	GULDEREN HARWOOD	F	FV45	STOCKPORT HARRIERS & AC	0:31:31	24		7	6
100	397	MICHELE READITT	F	FV60	BRAMHALL RUNNERS	0:31:43	25		2	7
101	358	ANN RICHARDSON	F	FV40	MARPLE RUNNERS	0:32:17	26		3	4
102	395	ADAM CONNELL	M	MV35	SWINTON RUNNING CLUB	0:32:27		76	8	4
103	333	PHIL BOARDMAN	M	MV40		0:32:34		77	13	14
104	357	SACHIA THOMPSON	F	FV50	DAVENPORT REBELS	0:32:39	27		5	2
105	390	IAN RODGER	M	MV60	STOCKPORT HARRIERS & AC	0:32:44		78	7	12
106	267	SHEILA PAICE	F	FV60		0:32:46	28		3	4
107	272	KAREN MOLLOY	F	FV55	MARPLE RUNNERS	0:32:54	29		3	5
108	339	JENNIFER MABBOTT	F	FV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	0:32:59	30		4	1
109	269	GORDON ROGAN	M	MV60	MARPLE RUNNERS	0:33:17		79	8	13
110	264	SARAH BEATTIE	F	FV50	BRAMHALL RUNNERS	0:33:32	31		6	8
111	348	ANDY CORDES	M	MV55	BRAMHALL RUNNERS	0:33:37		80	14	27
112	276	STEVEN HUGHES	M	MV60	BRAMHALL RUNNERS	0:33:38		81	9	28
113	275	JASMINE LANE	F	FSEN		0:33:51	32		3	5
114	403	RAY GIBBONS	M	MV60		0:33:56		82	10	15
115	274	AMY AYLWARD	F	FSEN		0:33:59	33		4	6
116	346	SHIRLEY RALPH	F	FV50	BRAMHALL RUNNERS	0:34:15	34		7	9
117	249	NICK ROBERTS	M	MV55	STOCKPORT TRI CLUB	0:34:17		83	15	2
118	441	HANNAH SMITH	F	FV40	MARPLE RUNNERS	0:34:24	35		5	6
119	413	CLARE CARTLEDGE	F	FV50	DRAGONS RUNNING CLUB (SALE)	0:34:40	36		8	1
120	420	HAYLEY HALL	F	FV55	BRAMHALL RUNNERS	0:35:30	37		4	10
121	369	MARK GODDEN	M	MV65	MACCLESFIELD HARRIERS & AC	0:35:32		84	2	1
122	321	ALISTAIR JORDAN	M	MV60	MARPLE RUNNERS	0:35:42		85	11	14
123	432	ALAN HUGHES	M	MV50		0:35:46		86	16	16
124	437	MARIA RUSHTON	F	FV60	MARPLE RUNNERS	0:35:55	38		4	7
125	444	KATIE DRAPER	F	FV40	BRAMHALL RUNNERS	0:36:05	39		6	11
126	445	NADHIM BAYATTI	M	MV50	BRAMHALL RUNNERS	0:36:06		87	17	29
127	324	GEOFF KAY	M	MV70	SWINTON RUNNING CLUB	0:36:14		88	2	5
128	342	STEPHEN PALMER	M	MV60	BRAMHALL RUNNERS	0:36:37		89	12	30
129	326	MIKE UTTING	M	MV55	BRAMHALL RUNNERS	0:36:41		90	16	31
130	354	AMANDA BISHOP	F	FV35	BRAMHALL RUNNERS	0:36:44	40		3	12
131	373	AMANDA AYLWARD	F	FV50		0:36:45	41		9	7
132	370	LOUISE GODDEN	F	FV60		0:36:51	42		5	8
133	385	ALEXIS DINSMOR	F	FV75	STOCKPORT HARRIERS & AC	0:36:55	43		1	7
134	384	SARAH RUSSELL	F	FV45	STOCKPORT HARRIERS & AC	0:36:58	44		8	8
135	261	JULIE SHORTT	F	FV55	BRAMHALL RUNNERS	0:37:09	45		5	13
136	392	HELEN TODD	F	FV70	STOCKPORT HARRIERS & AC	0:37:13	46		1	9
137	318	RUTH TAYLOR	F	FV35		0:37:16	47		4	9
138	422	BOB JONES	M	MV65	MARPLE RUNNERS	0:37:20		91	3	15
139	405	ERIKA HEAP	F	FV55	BRAMHALL RUNNERS	0:38:31	48		6	14
140	368	JOANNE READY	F	FV55		0:39:00	49		7	10
141	366	DIANE CHADWICK	F	FV55	BRAMHALL RUNNERS	0:39:35	50		8	15
142	362	HANNAH BUTLER	F	FSEN		0:39:40	51		5	11
143	361	CHARLOTTE REES-JONES	F	FV35		0:39:40	52		5	12
144	428	CLARA GIBSON	F	FV35		0:39:40	53		6	13
145	270	CAROLINE MACK	F	FV55	MILESHY CLUB	0:40:10	54		9	1
146	255	NINA COOLICAN	F	FV50		0:40:25	55		10	14
147	327	ANDY TURNER	M	MV55	BRAMHALL RUNNERS	0:40:33		92	17	32
148	271	SIMON DAKIN	M	MV60	MARPLE RUNNERS	0:40:39		93	13	16
149	349	MELANIE WILSON	F	FV45		0:40:56	56		9	15
150	242	NINA LAND	F	FV40		0:40:59	57		7	16
151	407	KERRY ORRELL	F	FV35		0:41:02	58		7	17
152	404	EMMA EADIE	F	FV45	HEATON RUNNERS	0:41:18	59		10	1
153	371	HELEN BAILEY	F	FV45		0:41:27	60		11	18
154	250	MANDY WINCKWORTH	F	FV65	STYAL RUNNING CLUB	0:41:28	61		3	4
155	399	EMMA HILLESDON	F	FV45	STYAL RUNNING CLUB	0:41:30	62		12	5
156	328	EMMA TURNER	F	FV50	BRAMHALL RUNNERS	0:41:32	63		11	16
157	419	ELAINE FLAVELL	F	FV35	STOCKPORT HARRIERS & AC	0:41:59	64		8	10

158	440	JILL HUDSON	F	FV60	MILESHY CLUB	0:42:24	65	6	2
159	353	CELIA MACDONALD	F	FV65		0:42:31	66	4	19
160	400	CHRISTINE ADKINS	F	FV70	BRAMHALL RUNNERS	0:43:13	67	2	17
161	456	ASHLEIGH BLANKLEY	F	FSEN		0:43:14	68	6	20
162	343	LINDA AMOS	F	FV60	MARPLE RUNNERS	0:44:49	69	7	8
163	457	STUART OWENS	M	MV50		0:46:10		94	18
164	431	ROY WARD	M	MV60		0:46:10		95	14
165	364	SARAH OWENS	F	FV45	MILESHY CLUB	0:46:13	70	13	3
166	314	KAREN COOKE	F	FV55	BRAMHALL RUNNERS	0:46:43	71	10	18
167	396	LYNDA MOEHLE	F	FV65	BRAMHALL RUNNERS	0:47:33	72	5	19
168	410	DIANNE WOOLSTENCROFT	F	FV60	MARPLE RUNNERS	0:47:55	73	8	9
169	347	FALGUNI BHATT	F	FV40	BRAMHALL RUNNERS	0:56:43	74	8	20
170	433	SOPHIE HOURIHAN	F	FV50		0:56:48	75	12	21